

LARS' EMS

ISO 14001 style

ACTIVITY & ASPECT

- Activity: Living as a student
- Aspect: Food/drink consumption

ENVIRONMENTAL IMPACT

- Use of non-renewable energy sources
- Release of NO_x , SO_x and MP
- Use of pesticides

OBJECTIVE

- Reduce the environmental impact my food makes
- To support local organic farmers



TARGET

30 % of all veggies bought should be organic
and locally grown

ENVIRONMENTAL PROGRAMME

- Visit the local farmers market in Trondheim
(Every second week)
- Look for organic food in the food stores

PERFORMANCE INDICATOR

- My bank account
- Log my grocery shopping

TIMEFRAME

Immediately

RESPONSIBILITY



CALIBRATION, RECORDS/EQUIPMENT

Apps

DO THE SAME FOR

- Meat
- Fish
- Beer

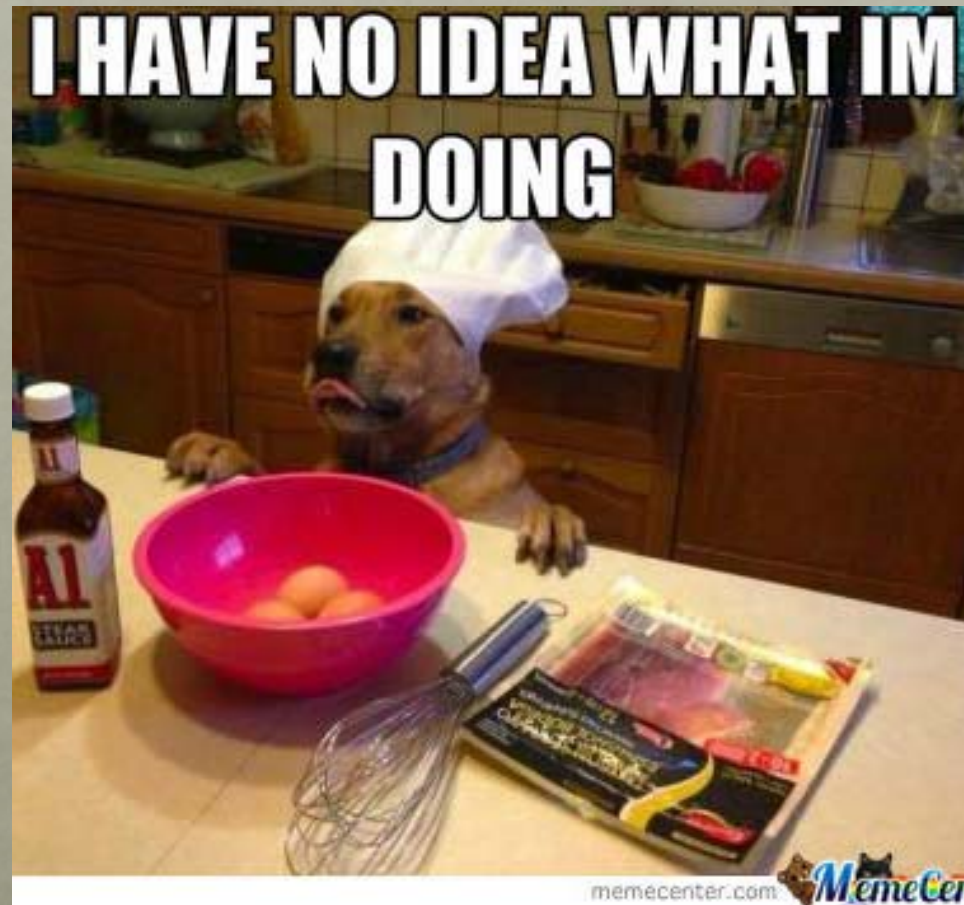


NEW TARGET

Make 50 % of all bread consumed
from scratch

ENVIRONMENTAL PROGRAMME

- Baking sunday



TIMEFRAME

Immediately

RESPONSIBILITY



RECORDS/EQUIPMENT

- Apps
- An oven



QUESTIONS ?

